

Prescott  Farm  
Environmental Education Center

# Nature Connect 365

*A Four-Season Community Connections  
Program Guide*



Check [prescottfarm.org](http://prescottfarm.org) for individual program fees and most up-to-date program information!

*Prescott Farm—exploring and preserving the natural world, one adventure at a time.*

928 White Oaks Road, Laconia, NH 03246

603-366-5695

[info@prescottfarm.org](mailto:info@prescottfarm.org)

[www.prescottfarm.org](http://www.prescottfarm.org)

## New series! Kids Can Cook

Inspired by one of our most popular camp weeks, discover new recipes and practice new skills side by side with your favorite aspiring chef. For adults and children ages 7-16 to learn together. *See calendar listings for individual program topics.*

Sat. 2/1 (10-12 pm); Sat. 3/21 (2-3:30 pm); Sat. 4/11 (1-3 pm); Tue. 6/9 (5-7 pm); Sat 8/8 (12:30pm); Sat. 9/5 (1-3 pm)

Physical demand level: 2

Recommended ages: Child + Adult

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## New series! Wilderness Survival

Whether you are looking to learn something new or brush up your outdoor skills, prepare for your next adventure and learn survival strategies for the backcountry. *See calendar listings for individual program topics.*

Saturdays 1/18 (1-3pm); 2/8 (1-3pm); 4/11 (1-3 pm); 5/9 (10-12 pm); 9/12 (9:30-11:30 am); 9/26 1 pm-10 am (overnight!); 10/17 (10-12 pm)

Physical demand level: 4

Recommended ages: 14+ (Under 18 must be accompanied by adult)

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## Returning favorite! Snowshoe Yoga Series\*

Enjoy the outdoors this winter while doing yoga! In this unique and peaceful snowshoe experience, immerse yourself in the peacefulness of nature as you practice yoga in snowshoes, are guided through a walking meditation, and are introduced to shinrin-yoku, or “forest bathing.” Special: Register for a 2020 Trail Yoga with Kate Kretschmer to receive \$5 off! *(Non-refundable, payment must be made at time of registration.)*

Saturdays (10-12 pm): 1/25, 2/1, 2/8, 2/22, 3/7, & 3/14

Physical demand level: 5

Recommended ages: Adults



Check [prescottfarm.org](https://prescottfarm.org) for individual program fees and most up-to-date program information!



## Which programs are right for you? Here's a guide!

**Experience level:** Unless otherwise noted, all programs use layperson terminology and provide a broad overview of the topic. No prior knowledge is necessary – just an interest in the topic area.

**Physical Demands Scale:** See program names and descriptions for scale info.

1 = Inside, seated

2 = Sitting, some standing, indoors or outside with less than 1/10 mile

3 = About 1/10 mile walking on uneven terrain, no hills, some bending

4 = 1/10- ½ mile walking for up to 1 hour on uneven terrain with hills

5 = More than ½ mile of walking on uneven terrain with hills

**Recommended ages:** Some programs are geared to specific age levels or are specifically for grownups and children to do together. See program names and descriptions for guidelines.



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# January

Date	Day	Time	Program	Physical Demands	Ages
4	Sat.	9-11 am	Beginner Snowshoeing	4	Adult
4	Sat.	1-3 pm	Painting at Prescott Farm: Winter Wonders	1	Adult
9	Thur.	7-8 pm	What to Wear: Winter Outdoors at Prescott Farm	1	All
10	Fri.	6-8 pm	Full Moon Snowshoe	5	Adult
11	Sat.	10-12 pm	Farm to Table Cooking: Winter Squash Soups	2	Adult
11	Sat.	1-3 pm	Snowshoe Fun & Games	4	All
18	Sat.	9:30-11:30	Discover Nature: Animal Tracking	5	14+ (Under 18 must be accompanied by adult)
18	Sat.	1-3 pm	Wilderness Survival: Winter Shelters	4	14+
22	Wed.	1:30-2:30 pm	Homeschool: Winter Series	4	Ages 6 - 12
25	Sat.	10-12 pm	Snowshoe Yoga*	5	Adult
25	Sat.	1-3 pm	Explore Together: Animal Tracking	4	All
25	Sat.	1-3 pm	Soapmaking: Shampoo Bars	2	Adult
29	Wed.	1:30-2:30 pm	Homeschool: Winter Series	4	Ages 6 - 12
31	Fri.	6-7:30 pm	Understanding Bobcats in New Hampshire*	1	14+

## New Series! Homeschool Seasonal Series

**Winter:** Discover which animals are active throughout New Hampshire winters. (Four Wednesdays beginning 1/22; 1:30–2:30 pm.)

**Spring:** As things warm up, explore the variety of ecosystems found at Prescott Farm and the living and nonliving parts that makes each unique. Throughout the four weeks, we will incorporate a mapping project. (Four Wednesdays beginning 5/6; 1:30–2:30 pm.)

Physical demand level: 4

Recommended ages: 6-12 with an adult.

*Programs will be outside, so dress appropriately.  
(Snowshoes will be provided as needed.)*

### Physical Demands Scale:

- 1 = Inside, seated
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- 4 = 1/10- ½ mile walking for up to 1 hour on uneven terrain with hills
- 5 = More than ½ mile of walking on uneven terrain with hills

**Programs marked with an \* are lead by guest instructors**

# February

Date	Day	Time	Program	Physical Demands	Ages
1	Sat.	10-12 pm	Kids Can Cook: Pasta Noodles	2	Child + Adult
1	Sat.	10-12 pm	Snowshoe Yoga*	5	Adult
1	Sat.	1-3 pm	Adult Nature Craft: Candlemaking	2	Adult
1	Sat.	1-3 pm	Discover Nature: Winter Tree ID	5	14+ (Under 18 must be accompanied by
4	Tue.	6:30-7:30 pm	What to Wear: Winter Outdoors at Prescott Farm	1	All
5	Wed.	1:30-2:30 pm	Homeschool: Winter Series	4	Ages 6 - 12
8	Sat.	10-12 pm	DIY Science: Snow Science	2	Child + Adult
8	Sat.	10-12 pm	Snowshoe Yoga*	5	Adult
8	Sat.	1-3 pm	Soapmaking 101	2	Adult
8	Sat.	1-3 pm	Wilderness Survival: Winter Firestarting	4	14+
8	Sat.	6-8 pm	Moonlit Snowshoe	5	Adult
12	Wed.	1:30-2:30 pm	Homeschool: Winter Series	4	Ages 6 - 12
15	Sat.	9:30-11:30 am	Beginner Snowshoeing	4	Adult
15	Sat.	1-2:30 pm	Explore Together: Animal Adaptations	2	All
15	Sat.	1-3 pm	Trail Tour: Blue	5	All
21	Fri.	6-8 pm	Explore Together: Owling	4	All
22	Sat.	10-12 pm	Snowshoe Yoga*	5	Adult
22	Sat.	9 am-1 pm	Maple Sugaring Intensive	5	Adult
25	Tue.	7-9 pm	NH Astronomical Society: Sky Watch*	2	All

  
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Check  
[prescottfarm.org](http://prescottfarm.org)  
 for individual  
 program fees and  
 most up-to-date  
 program  
 information!



# March

Date	Day	Time	Program	Physical Demands	Ages
3	Tue.	6-7:30 pm	The Learning Garden: Starting	3	Adult
7	Sat.	10-12 pm	Snowshoe Yoga*	5	Adult
7	Sat.	10 am -2 pm	Tap Into Maple (90 minute programs start on the top each hour)	5	All
9	Mon.	6-8 pm	Full Moon Snowshoe	5	Adult
14	Sat.	10-12 pm	Snowshoe Yoga*	5	Adult
14	Sat.	10 am -2 pm	Tap Into Maple (90 minute programs start on the top each hour)	5	All
21	Sat.	10 am -2 pm	Tap Into Maple (90 minute programs start on the top each hour)	5	All
21	Sat.	2-3:30 pm	Kids Can Cook: With Maple	2	Child +
28	Sat.	10 am - 2 pm	Tap Into Maple (90 minute programs start on the top each hour)	5	All
28	Sat.	2-3:30 pm	Farm to Table Cooking: Maple Syrup at Every Meal	2	Adult

## Tap into Maple

Experience an old-fashioned New England tradition—making maple syrup! From tapping a tree to tasting delicious maple syrup, you will participate in every step of the syrup making process. Our environmental educators will help you to build tree identification skills; learn the parts of a tree and their functions; use measuring tools to find an appropriate tree to tap; use historical and modern tree tapping tools; learn the history of maple sugaring including Native American legends; and discover the math and chemical/physical science in the boiling process.

Saturdays in March; 10 am—3 pm  
90 minute programs start at the top each hour; preregistration recommended.  
Physical demand level: 5  
Recommended ages: All



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## New series! Discover Nature

Uncover the mysteries of the natural world in these nature-walks led by our environmental educators. Distances and topics covered are appropriate for adults and active teens. *See calendar listings for individual program topics.*

Sat. 1/18/20 (9:30-11:30); Sat. 2/1/20 ( 1—3pm);  
Sat. 4/18/20 (10-12 pm); Sat. 10/10/20 ( 9-11 am  
& 1-3 pm)

Physical demand level: 5

Recommended ages: 14+ (under 18 must be accompanied by an adult)

Check [prescottfarm.org](http://prescottfarm.org) for individual program fees and most up-to-date program information!



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## New series! Adult Nature Craft

Bring the outdoors in with our nature-inspired crafting series. Seasonal projects will add natural beauty to your home.

Sat. 2/1 ; 1-3 pm - Candlemaking [2]

Sat. 4/18; 1-3 pm - Log Cabin Garden Planters [3]

Sat. 5/30; 1-3 pm - Terrariums [2]

Thu. 7/16; 9:30-11:30 am - Cut Flower  
Arrangements [3]

Sat. 10/10; 1-3pm - Pressed Autumn Leaf Décor [1]

Sat. 11/11; 10-12 pm - Holiday Candlemaking [2]

Sat. 12/5; 10-12 am - Birch Log Candle Holders [2]

Sat. 12/12; 1-3 pm - Nature-Inspired Wreaths [2]

Physical Demand level: 1-3 (See above)

Recommended Ages: Adult



## The Learning Garden: Series

The Learning Garden at Prescott Farm is a space to explore organic gardening practices, ask questions, and even make mistakes. Gardeners with all levels of experience (including none at all) are welcome to learn together during our gardening series.



- Tue. 3/3 (6-7:30 pm) Starting Seeds [3]
- Sat. 4/4 (9:30-11 am) Season Extenders [4]
- Tue. 5/19 (6-7:30 pm) Planting your Garden [4]
- Tue. (6/2) 6-7:30 pm) Types of Tomatoes [4]
- Tue. 7/7 (6-7:30 pm) Friend or Foe? Insects in the Garden [4]
- Tue. 8/4 (6-7:30 pm) The Fall Harvest [4]
- Sat. 10/10 (9:30-11 am) Planting Garlic [4]

Physical Demand Level: [3-4] See above.

Recommended Ages: Adult

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[www.realgreennh.com](http://www.realgreennh.com)



**Dan Harris**

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470 Daniel Webster Hwy  
Meredith, NH 03253

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## *New Series!*

### Climate and Community\*

This series will provide a basic knowledge of climate science, as well as the opportunity to learn tangible steps we can take individually and as a society to combat climate change. Led by Wes Golomb, former energy professional and college professor, who designed the Lakes Region Community College associate degree program in

energy services and technology and currently runs [NHEnergyGeek.org](http://NHEnergyGeek.org).

- Sat. 4/11 (9-11 am) Introduction to Climate Science [1]
- Sat. 4/25 (9-12 pm) Mock Climate Agreement Negotiation [2]
- Thu. 5/14/20 (6:30-8:30 pm) Residential Energy Efficiency [1]
- Thu. 5/21/20 (6:30-8:30 pm) Sustainable Energy for Homeowners [1]

Physical Demand Level: [1-2] See above.

Recommended Ages: 14+ (Under 18 must be accompanied by adult)



# April

Date	Day	Time	Program	Physical Demands	Ages
4	Sat.	9:30-11 am	The Learning Garden: Season Extenders	3	Adult
4	Sat.	1-3 pm	DIY Science: Homemade Weather Station	2	Child + Adult
7	Tue.	7-8:30 pm	Sunset Night Hike on the Full Moon	4	Adult
10	Fri.	6-8 pm	Soapmaking: Laundry Stain Stick	2	Adult
11	Sat.	9-11 am	Climate & Community: Introduction to Climate Science*	1	14+ (Under 18 must be accompanied by adult)
11	Sat.	10-12 pm	Explore Together: Mud Tracking	4	All
11	Sat.	1-3 pm	Kids Can Cook: Desserts	2	Child + Adult
11	Sat.	1-3 pm	Wilderness Survival: Knots	4	14+
18	Sat.	10-12 pm	Discover Nature: Big Tree Tour: Buds!	5	14+
18	Sat.	1-3 pm	Adult Nature Craft: Log Cabin Garden Planters	3	Adult
22	Wed.	6:30-7:30 pm	Green Living: Can I Recycle This?	2	14+
25	Sat.	9-12 pm	Climate & Community: Mock Climate Agreement Negotiation*	2	14+
27— 5/1	Mon.—Fri.	9 am—3 pm	WildQuest Spring Camp		6-12

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5 = More than ½ mile of walking on uneven terrain with hills

**Programs marked with an \* are lead by guest instructors**



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## Polliwogs

A fun group for the littlest explorers amongst us! Join us and bring along your favorite grown-up to explore the forests, fields and gardens around Prescott Farm.



**Spring Polliwogs:** 6 Wednesdays (5/6—6/10) 10:30—12 pm

**Summer Polliwogs:** 3 Saturdays (7/11—7/25) 10:30-11:30 am

**Fall Polliwogs:** 6 Wednesdays (9/16—10/21) 10:30-12 pm

Physical Demand Level: [3]

Recommended Ages: 2.5—5 years + 1 Adult



“The clearest way into the universe is through a forest wilderness.”

— John Muir



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# May

Date	Day	Time	Program	Physical Demands	Ages
2	Sat.	8-10 am	NH Audubon: Birding in the Spring*	5	14+ (Under 18 must be accompanied by adult)
6	Wed.	10:30-12 pm	Polliwogs Spring 1	3	2.5-5 years (+1 adult)
6	Wed.	1:30-3:30	Homeschool: Spring Series	4	Ages 6 - 12
7	Thu.	8-9 pm	Sunset Night Hike on the Full Moon	5	Adult
9	Sat.	10-12 pm	Farm to Table Cooking: Fiddleheads	3	Adult
9	Sat.	10-12 pm	Wilderness Survival: Knife and Saw Safety & Strategies	4	14+
9	Sat.	1-3 pm	Explore Together: Vernal Pool Tracking	5	All
9	Sat.	1-3 pm	Wild Foods of Spring	5	Adult
19	Tue.	6-7:30 pm	The Learning Garden: Planting your Garden	3	Adult
13	Wed.	10:30-12 pm	Polliwogs Spring 2	3	2.5-5 years (+1 adult)
13	Wed.	1:30-3:30 pm	Homeschool: Spring Series	4	Ages 6 - 12
14	Thu.	6:30-8:30 pm	Climate & Community: Residential Energy Efficiency*	1	14+
15	Fri.	6-8 pm	Painting at Prescott Farm: Sights of Spring	1	Adult
16	Sat.	10-12 pm	Soapmaking 101	2	Adult
16	Sat.	10-12 pm	Woods Walk with the Master Herbalist*	5	Adult
20	Wed.	10:30-12 pm	Polliwogs Spring 3	3	2.5-5 years (+1 adult)
20	Wed.	1:30-3:30	Homeschool: Spring Series	4	Ages 6 - 12
21	Thu.	6:30-8:30	Climate & Community: Green Energy for Homeowners*	1	14+
27	Wed.	10:30-12 pm	Polliwogs Spring 4	3	2.5-5 years (+1 adult)
27	Wed.	1:30-3:30	Homeschool: Spring Series	4	Ages 6 - 12
27	Wed.	6:30-7:30	Green Living: In the Kitchen and Food Shopping	2	14+
30	Sat.	10-12 pm	Trail Tour: Yellow	4	All
30	Sat.	1-3 pm	Adult Nature Craft: Terrariums	2	Adult



# June

Date	Day	Time	Program	Physical	Ages
2	Tue.	6-7:30 pm	The Learning Garden: Types of Tomatoes	3	Adult
3	Wed.	10:30-12 pm	Polliwogs Spring 5	3	2.5-5 years (+ 1 adult)
5	Fri.	8-9:30 pm	Sunset Night Hike on the Full Moon	5	Adult
6	Sat.	8-10 am	Trail Yoga*	5	Adult
6	Sat.	10-12 pm	Farm to Table Cooking: Rhubarb Recipes	3	Adult
9	Tue.	5-7 pm	Kids Can Cook: Cob Oven Pizza	3	Child + Adult
10	Wed.	10:30-12 pm	Polliwogs Spring 6	3	2.5-5 years (+ 1 adult)
13	Sat.	10-12 pm	Wild Medicinal & Edible Plant Walk*	5	Adult
24	Wed.	6:30-8 pm	Green Living: Get Ready for Plastic-Free July	2	14+ (Under 18 must be accompanied by adult)

## Physical Demand Scale:

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Check [prescottfarm.org](http://prescottfarm.org) for  
individual program fees and  
most up-to-date program  
information!

## New Series! Green Living

What can we do to protect the environment? There are many steps we must take as a society and as individuals, but where to begin? Whether you want to make a few small changes or are striving for a “zero-waste” lifestyle, these workshops will focus on tackling specific areas. Walk away with tangible, cost-saving actions and tools to guide you to a greener life. *See calendar listings for individual program topics.*

Wed. 5/27 (6:30-7:30 pm); Wed 6/24 (6:30-8 pm); Sat. 9/12 (9:30-11:30 am); Wed. 10/28 (6:30-7:30 pm); Wed. 11/11 (6-7:30 pm)

Physical Demand Level: [2-3] See above

Recommended Ages: 14+ (under 18 must be accompanied by an adult)



# July

Date	Day	Time	Program	Physical Demands	Ages
6	Mon.	8-9:30 pm	Sunset Night Hike	4	All
7	Tue.	6-7:30 pm	The Learning Garden: Friend or Foe? Insects in the Garden	3	Adult
11	Sat.	9-10 am	Farm to Table Cooking: Early Season Pesto	3	Adult
11	Sat.	10:30-11:30	Polliwogs Summer 1	3	2.5-5 years (+1 adult)
15	Wed.	1-3 pm	DIY Science: Build a Terrarium	2	Child + Adult
16	Thu.	9:30-11:30 am	Adult Nature Craft: Cut Flower Arrangements	3	Adult
18	Sat.	9-11 am	Wild Medicinal & Edible Plant Walk *	5	Adult
18	Sat.	10:30-11:30 am	Polliwogs Summer 2	3	2.5-5 years (+1 adult)
25	Sat.	9:30-12 pm	Basket Making: Leaf Coil Baskets*	2	Adult
25	Sat.	10:30-11:30 am	Polliwogs Summer 3	3	2.5-5 years (+1 adult)
25	Sat.	1-3 pm	Explore Together: Plant-based & Natural Dyes	3	All

## Farm to Table Cooking Series

Celebrate the local harvest with cooking workshops focused on seasonally available produce. The taste of fresh-picked ingredients will be highlighted as you have the exclusive opportunity to prepare and preserve recipes in our historic farmhouse. *See Calendar listings for individual program topics.*

Sat. 1/11 (10:-12 pm); Sat. 3/28 (2-3:30 pm); Sat. 5/9 (10-12 pm); Sat. 6/6 (10-12 pm); Sat. 7/11 (9-10 pm); Thu. 9/3 (6-8:30 pm); Sat. 11/21 (1-3pm)

Physical Demand Level: [2-3]

Recommended Ages: Adult



# August

Date	Day	Time	Program	Physical Demands	Ages
3	Mon.	8-9:30 pm	Sunset Night Hike on the Full Moon	4	All
4	Tue.	6-7:30 pm	The Learning Garden: The Fall Harvest	3	Adult
4	Tue.	5:30-7 pm	Wild Medicinal & Edible Plant Walk *	5	Adult
8	Sat.	1-2:30 pm	Kids Can Cook: Easy Harvest Recipes	3	Child + Adult
8	Sat.	9:30-11 am	Trail Tour: Orange	5	All
18	Tue.	4:30-6:30 pm	Explore Together: Monarch Monitors	3	All
22	Sat.	10-12 pm	NH Mushroom Company: Beginner*	5	Adult

Check [prescottfarm.org](http://prescottfarm.org) for individual program fees and most up-to-date program information!

## 11th Annual HARVEST FESTIVAL

Saturday, September 19

10 am—3 pm

Our most popular community event of the year! The Annual Harvest Festival draws nearly 1,000 people of all ages to Prescott Farm for a day of fun and to celebrate the harvest. Barn dance, horse-drawn wagon rides, field games, hay jump, crafts, food, music, a petting farm, local food vendors, and much more. Admission is FREE to the public.

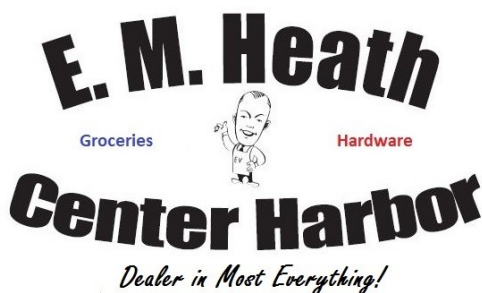




# September: *The Harvest*

Date	Day	Time	Program	Physical Demands	Ages
2	Wed.	7:30-9 pm	Full Moon Night Hike	5	Adult
3	Thu.	6-8:30 pm	Farm to Table Cooking: The Garden Harvest Dinner	3	Adult
5	Sat.	1-3 pm	Kids Can Cook: Pickles	3	Child + Adult
12	Sat.	9:30-11:30 am	Green Living: Backyard (and Indoor!) Composting	2	14+ (Under 18 must be accompanied by adult)
12	Sat.	9:30-11:30 am	Wilderness Survival: Campfire Cooking	4	14+
12	Sat.	10-12 pm	NH Mushroom Company: Beginner*	5	Adult
12	Sat.	1-3 pm	DIY Science: Make & Use a Compass	2	Child + Adult
16	Wed.	10:30-12 pm	Polliwogs Fall 1	3	2.5-5 years (+ 1 adult)
19	Sat.	10 am-3 pm	HARVEST FESTIVAL	1	All
23	Wed.	10:30-12 pm	Polliwogs Fall 2	3	2.5-5 years (+ 1 adult)
26	Sat.	9:30-11:30 am	Wild Foods of Fall	5	Adult
26	Sat.	1-3 pm	Soapmaking 101	2	Adult
26	Sat.	1 pm-10 am	Wilderness Survival: Overnight	4	14+
30	Wed.	10:30-12 pm	Polliwogs Fall 3	3	2.5-5 years (+ 1 adult)

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## Physical Demand Scale:

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- 5 = More than 1/2 mile of walking on uneven terrain with hills

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# October

Date	Day	Time	Program	Physical Demands	Ages
3	Sat.	10-12 pm	Trail Yoga*	5	Adult
3	Sat.	10-1 pm	NH Mushroom Company: Intermediate*	5	Adult
7	Wed.	10:30-12 pm	Polliwogs Fall 4	3	2.5-5 years (+ 1 adult)
10	Sat.	9-11 am	Discover Nature: Fall Foliage Trail Walk	5	14+ (Under 18 must be accompanied by adult)
10	Sat.	9:30-11 am	The Learning Garden: Planting Garlic	3	Adult
10	Sat.	1-3 pm	Adult Nature Craft: Pressed Autumn Leaf Décor	1	Adult
10	Sat.	1-3 pm	Discover Nature: Fall Foliage Trail Walk	5	14+
14	Wed.	10:30-12 pm	Polliwogs Fall 5	3	2.5-5 years (+ 1 adult)
17	Sat.	10-12 pm	Wilderness Survival: Debris Shelters	4	14+
17	Sat.	1-3 pm	DIY Science: The GRANITE State	2	Child + Adult
17	Sat.	1-3 pm	Painting at Prescott Farm: Fall Foliage	1	Adult
21	Wed.	10:30-12 pm	Polliwogs Fall 6	3	2.5-5 years (+ 1 adult)
24	Sat.	10-12 pm	Trail Tour: Red	5	All
28	Wed.	6:30-7:30 pm	Green Living: Winterize Your Home	2	14+

## DIY Science

Spending time in nature leads to a lot of questions. Answer some of those queries with us through hands-on experiments and outdoor exploration. For families with children excited about hands-on science. *See calendar listings for individual program topics.*

Sat. 2/8 (10-12 pm); Sat. 4/4 (1-3 pm); Sat. 7/15 (1-3 pm);

Sat. 9/12 (1-3 pm); Sat. 10/17 (1-3 pm)

Physical Demand Level: [2-3]

Recommended Ages: Child + Adult



# November

Date	Day	Time	Program	Physical Demands	Ages
11	Wed.	6-7:30 pm	Green Living: Thoughtful Holidays	2	14+ (Under 18 must be accompanied by adult)
14	Sat.	9:30-12 pm	Basket Making: Birch Bark*	2	Adult
14	Sat.	1-3 pm	Soapmaking 101	2	Adult
17	Tue.	6-8 pm	NH Astronomical Society: Sky Watch*	2	All
21	Sat.	10-12 pm	Adult Nature Craft: Holiday Candlemaking	2	Adult
21	Sat.	1-3 pm	Farm to Table Cooking: Baking Bread	2	Adult



Prescott Farm thanks  
Lakes Region Rotary  
for continued support of our  
programs and events.  
[lakesregionrotary.org](http://lakesregionrotary.org)

## New Series! Trail Tours

Our trails vary not only in length and intensity, but also in the flora, fauna, and historic landmarks you will find on the way. Our educators will guide you along the trail and reveal some of these natural features. Program topics will vary depending on season and trail.

Sat. 2/15 (1-3 pm) Blue Trail [5]  
Sat. 5/30 (10-12 pm) Yellow Trail [4]  
Sat. 8/8 (9:30-11 am) Orange [5]  
Sat. 10/24 (10-12 pm) Red [5]

Physical Demand Level: [4-5] See above  
Recommended Ages: All



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Check  
[prescottfarm.org](http://prescottfarm.org)  
for individual  
program fees and  
most up-to-date  
program  
information!



# December

Date	Day	Time	Program	Physical Demands	Ages
5	Sat.	10-12 pm	Adult Nature Craft: Birch Log Candle Holders	2	Adult
5	Sat.	1-3 pm	Explore Together: Nature Based Ornaments	2	All
11	Fri.	6-8 pm	Soapmaking 101	2	Adult
12	Sat.	10-12 pm	Soapmaking 101	2	Adult
12	Sat.	1-3 pm	Adult Nature Craft: Nature-Inspired Wreaths	2	Adult
29	Tue.	5-7 pm	Full Moon Hike	4	Adult

*Special Thanks to*



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**2020 Eco-Partner**

## Physical Demand Scale:

- 1 = Inside, seated
- 2 = Sitting, some standing, indoors or outside with less than 1/10 mile
- 3 = About 1/10 mile walking on uneven terrain, no hills, some bending
- 4 = 1/10- 1/2 mile walking for up to 1 hour on uneven terrain with hills
- 5 = More than 1/2 mile of walking on uneven terrain with hills

## Holiday Crafting & Baking Programs

Whether you hope to bake something delicious to serve at your holiday table or create a heart-felt gift for your loved ones, Prescott Farm has the perfect programs for you!

Wed. 11/11 (6-7:30 pm) Green Living: Thoughtful Holidays

Sat. 11/21 (10-12 pm) Adult Nature Craft: Holiday Candlemaking

Sat. 11/21 (1-3 pm) Farm to Table Cooking: Baking Bread

Sat. 12/5 (10-12 pm) Adult Nature Craft: Birch Log Candle Holders

Sat. 12/12 (1-3 pm) Adult Nature Craft: Nature-Inspired Wreaths

Physical Demand Level: [2]

Recommended Ages: Adult or 14+ (see calendar listings)





# Prescott Farm's Helping Hands

*Make a difference, build your skills,  
improve your community*

## Volunteer Opportunities

Volunteers are vital to Prescott Farm's mission of connecting people to the natural world. Volunteer benefits include: building skills, spending time outdoors, flexible hours, and making a difference while being a part of our volunteer community.

Organic Gardening • Turtle Care • Chicken Care • Maple Sugaring  
Trail Monitoring • Season Monitoring • Preschool Support  
Forest Management • Events • Committee Membership



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## Share your knowledge and skills!

Prescott Farm is always on the lookout for instructors to lead community programs/workshops. As an environmental education center, we are interested in programs/workshops that meet our mission to bring people closer to the natural world. This can include a broad range of topics such as bird-watching, homesteading skills, traditional arts/crafts, fine arts in the great outdoors, and much more. If you think your topic would be a good fit, please contact us to submit a proposal.



# WildQuest Camps



Prescott Farm's environmentally-focused WildQuest Camps offer kids ages 4-16 the opportunity to explore, learn, and grow in nature. During the New Hampshire school vacation weeks in late February and April and during nine nature-themed weeks each summer, WildQuest campers develop ecological awareness through enriching day camp

programs. The summer program features Leader in Training (LIT) and Junior Counselor (JC) sessions for campers age 13-16. Visit [prescottfarm.org](http://prescottfarm.org) or call 603-366-5695 for more information.

Winter Camp: February 24—28

New in Summer 2020:

Junior Counselor  
program for



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[www.prescottfarm.org](http://www.prescottfarm.org)

Prescott Farm Environmental Education Center  
928 White Oaks Road  
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POSTAGE

To:

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