

Nature Connect 365

A Four-Season Community Connections Program Guide

25 Years
Prescott  *Farm*
Environmental Education Center
Since 1997



2022

*Program information is updated throughout the year. Please visit
prescottfarm.org
for most up-to-date details.*

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www.prescottfarm.org

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Prescott Farm Environmental Education Center
928 White Oaks Road
Laconia, NH 03246

POSTAGE



To:

**Make time for YOU and
save money!**

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benefits from free programs to
discounts on WildQuest Camps and
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**Become a Member—or buy a
gift membership—today!**

Maple Sugaring Volunteer Training

Sat, February 12;
10 am-2 pm
Visit the volunteer page of
our website for more
information or to register!



Jude Hamel,
Executive Director

Thank you for your interest in Prescott Farm's Community Connections Programs. In this guide, you will find over 125 programs scheduled for 2022. Whether you are interested in **learning** the basics of growing your own flowers and produce, expanding your whole family's connection to **wellness** through activities like yoga, hiking and cooking nutritious foods, or hope to catch up with old **friends** and meet new ones on a Moonlit Walk or any of our other programs, Prescott Farm is the place for you!

We are excited to announce "Exploring Wetlands," a series of programs in 2022 that will investigate the plants and animals that call the wetlands of Prescott Farm home. Throughout all four seasons, programs designed to appeal to all ages and interest levels will focus on the natural wonders that populate this important habitat. Look for the newt icon next to program names that fit the theme!



We hope you'll find lots of ways to **Connect** with us this year!

Which programs are right for you? Here's a guide!

Physical Demands Scale: See program names for scale level.

0 = Entire activity is indoors and seated.

1 = Activity is indoors or outside with up to 1/10 of a mile walking; includes both sitting and standing

2 = Activity includes up to 1/2 mile of walking on uneven terrain; no steep slopes.

3 = Activity includes 1/2-1 mile of walking on uneven terrain; may include hills.

4 = Activity includes around 1 mile of walking on trails with uneven terrain and hills.

5 = Activity includes 1 or more miles of walking on uneven terrain with hills; may include some off-trail walking.

Experience Level: Unless otherwise noted, all programs use layperson terminology and provide a broad overview of the topic. No prior knowledge is necessary—just an

interest in the topic area.

Recommended Ages:

Adults - Programs for older teens (16+) and adults.

Adults & Older Youth - Adults and older kids (ages 12+). *Children should be interested in the topic & must be accompanied by an adult.*

PreK with Adult - Programs geared for children not yet in Kindergarten (ages 2 1/2 to 5) to participate with their 'favorite grown up'. *Adult participation is required.*

Younger kids with Adult - Ages 3-8 with an adult. *Adult participation required.*

Youth + Adult - Programs for school-aged children to participate in with a grown up. *Adult participation required.*

Multigenerational - Programs for all ages. *Children must be accompanied by an adult.*

December

Date	Day	Time	Program	Age	Physical Demand
3	Sat	1-3 pm	Family & Friends Fun: Getting Ready for Winter	Youth with Adult	4
3	Sat	10-12 pm	Soapmaking: Layers	Adults	1
7	Wed	4-6 pm	Moonlit Hike or Snowshoe	Adults	4
10	Sat	10-12 pm	Sand-Molded Candles	Adults	0
10	Sat	1-3 pm	Family & Friends Fun: Group Hike	Youth with Adult	4
17	Sat	10-12 pm	Family & Friends Fun: Solstice Science	Youth with Adult	2
17	Sat	1-3 pm	Big Tree Tour	Adults	3

Foraging

Through spring and early fall, Prescott Farm educators will help guests discovery how to identify and harvest straight from nature's bounty to create foods and skincare products.

Recommended age: Adults

Physical Demand: [2-4] See individual programs

Sat 5/28 10-12 pm Dandelion Foods [3]

Sat 6/11 10-12 pm Plantain Oil & Salve [3]

Sat 7/9 10-12 pm Jewelweed Remedies [3]

Sat 8/27 10-12 pm Elderberry Syrup & Sumac-Ade [3]

Sat 9/24 1-3 pm Autumn Olive Jam Fruit Leather [3]

Sat 10/1 1-3 pm Acorn Foods [2]

Naturalist Led Hikes

Explore the trails of Prescott Farm through the eyes of a naturalist. Changes occur in the forest and fields every day, so there is always something new to observe.

Recommended age: Adult

Physical Demand: 3-5 (see individual programs)

Sat 5/21 10-12 pm Spring Ephemerals [5]

Sat 6/18 1-3 pm Field Flowers [4]

Sat 10/8 1-3 pm Fall Foliage [4]

Sat 10/15 1-3 pm Fall Foliage [4]

Sat 12/17 1-3 pm Big Tree Tour [3]



Which programs are right for you ? See the Physical Demand Scale & Recommended Ages explainer on page 2 of this program guide!

November

Date	Day	Time	Program	Age	Physical Demand
2	Wed	10-11 am	Polliwogs: Everybody Needs A Rock	PreK with Adult	2
3	Thu	10-11 am	Polliwogs: Animal	PreK with Adult	2
5	Sat	10-12 pm	Soapmaking: Cold Process	Adults	1
5	Sat	1-3 pm	Orienteering and Geocaching	Multi-generational	5
5	Sat	TBD	Herbs for Anxiety & Stress	Adults	
8	Tues	4-6 pm	Moonlit Hike	Adults	4
9	Wed	10-11 am	Polliwogs: Oh Deer!	PreK with Adult	2
12	Sat	10-12 pm	Bayberry Candles	Adults	0
12	Sat	1-3 pm	Insects	Youth with Adult	3
16	Wed	10-11 am	Polliwogs: Who Lives In A Tree?	PreK with Adult	2
17	Thu	10-11 am	Polliwogs: Terrific Turkeys	PreK with Adult	2
19	Sat	10-12 pm	Holiday Yeast Breads	Adults	1
19	Sat	1-3 pm	Family & Friends Fun: Group Hike	Youth with Adult	4



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*We are grateful to the many generous businesses and organizations who support Prescott Farm through Business Partnerships, advertising, and donations of goods and services. When you visit them, please share your thanks and mention you saw them in **Nature Connect 365!***



Special thanks to Belknap Landscape Co., Inc.—A Prescott Farm Business Partner & Cupola Society Member.

Signs of the Seasons

Every season offers beauty, wonder, and a chance to gain a new appreciation for the natural world. Join a naturalist for a hike to celebrate the Winter, Spring, Summer & Fall on our beautiful 160 acres.

Recommended age: Multigenerational

Physical Demand: [3-4] See individual programs.

Sat 1/29 1-3 pm Winter [3]

Sat 4/2 10-12 pm Spring [4]

Sat 7/16 1-3 pm Summer [3]

Sat 9/24 10-12 pm Fall [3]



Which programs are right for you ? See the Physical Demand Scale & Recommended Ages explainer on page 2 of this program guide!

January

Date	Day	Time	Program Title	Ages	Physical
1	Sat	1-3 pm	New Year, New Beginnings	Adults	5
3	Mon	5-6:30pm	Meteor Shower	Adults	1
8	Sat	1-3 pm	Snow and Ice	Kids with Adults	4
8	Sat	10-12 pm	Beginner Snowshoe	Multi-	3
8	Sat	10-11 am	Young Yogis	Younger Kids	3
15	Sat	10-12 pm	Winter Squash	Adults	1
15	Sat	1-3 pm	Snowshoe Adventure	Adults & Older	5
17	Mon	4-6 pm	Moonlight Snowshoe	Adults	5
22	Sat	1-3 pm	Introduction to Drop Spindles	Adults	0
22	Sat	10-11 am	Young Yogis	Younger Kids	3
22	Sat	11 am-1 pm	Intro to Tracking: Mammal Families	Adults	3
29	Sat	1-3 pm	Signs of the Seasons: Winter	Multi-	3
29	Sat	10-12 pm	Soapmaking 101	Adult	1
29	Sat	10-12:30 pm	Winter Tree & Shrub Identification	Adult Only	4
29	Sat	10:30-12:30	Snowshoe Yoga	Adult	5

Tracking

From the snow to the mud to the wetlands, our naturalist educators will guide you in how to answer the “who, what, when, and why?” of the tracks you can find in our area.

Recommended age: Adults & Older Youth

Physical Demand: See individual programs

Sat 1/22 11-1 pm Mammal Families Adults [3]

Sat 2/26 9-11 am Trailing [4]

Sat 4/16 1-3 pm Track Casts Adults [4]

Sat 4/23 1-3 pm Water's Edge Adults [4]



Very Music Very Italian & Very Good!

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This unique and popular restaurant is one of the Lakes Region's most loved since 1989!

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Live Music

October

Date	Day	Time	Program	Age	Physical Demand
1	Sat	10-12 pm	Soapmaking 101	Adults	1
1	Sat	1-3 pm	Acorn Foods	Adults	2
4	Tues	9-10 am	Sow & Grow Gardening	Adults	3
5	Wed	10-11 am	Polliwogs: Looking at Leaves	PreK with Adult	2
6	Thu	10-11 am	Polliwogs: Coniferous	PreK with Adult	2
8	Sat	10:11 am	Polliwogs: What's Wild?	PreK with Adult	2
8	Sat	11-12 pm	Wagoneer's Wagon Rides	Multi-generational	1
8	Sat	1-3 pm	Fall Foliage	Adults	4
8	Sat	5:30-7:30pm	Moonlit Hike	Adults	4
12	Wed	10-11 am	Polliwogs: It's Harvest Time	PreK with Adult	2
13	Thu	10-11 am	Polliwogs: Goodbye Birds	PreK with Adult	2
15	Sat	10-12 pm	Beeswax Candles	Adults	0
15	Sat	1-3 pm	Fall Foliage	Adults	4
18	Tues	9-10 am	Sow & Grow Gardening	Adults	3
19	Wed	10-11 am	Polliwogs: Spiders	PreK with Adult	2
20	Tues	10-11 am	Polliwogs: Fall Garden Findings	PreK with Adult	2
22	Sat	10-12 pm	Fermented Foods	Adults	1
22	Sat	1-3 pm	Needle-felt Autumn	Adults	0
26	Wed	10-11 am	Polliwogs: Pumpkin Jack	PreK with Adult	2
27	Thu	10-11 am	Polliwogs: Painting with Pumpkins	PreK with Adult	2
29	Sat	10-12 pm	Dipped Candles	Multigenerational	1
29	Sat	1-3 pm	Shelter: Found Materials	Multigenerational	3

Which programs are right for you ? See the Physical Demand Scale & Recommended Ages explainer on page 2 of this program guide!

Cooking in Season


Our educators follow the natural growing season to guide you in the creation of delicious dishes you can replicate year after year in your own kitchen.

Recommended age: Adults

Physical Demand: 1-3 (see individual programs)

Sat 1/15 10-12 pm	Winter Squash [1]
Sat 2/5 1-3 pm	Homemade Cheese [2]
Sat 4/9 1-3 pm	Cooking with Maple [1]
Sat 5/7 10-12:30	Campfire Cooking [2]
Sat 7/2 10-12 pm	Making Jams/Jellies [2]
Sat 8/13 1-3 pm	Making Garden Pizza! [3]
Sat 8/20 10-12 pm	Native Foods [1]
Sat 9/3 10-12 pm	Garden Harvest [3]
Sat 10/22 10-12 pm	Fermented Foods [1]
Sat 11/19 10-12 pm	Holiday Yeast Breads [1]





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Crafting

Use seasonal elements from the natural world to create unique items for your home or to give away. Learn the skills from our knowledgeable, supportive educators and take home the knowledge to keep crafting on your own!

Recommended age: See individual programs

Physical Demand: See individual programs

Sat 1/22	1-3pm	Introduction to Drop Spindles Adults [0]
Sat 5/14	12:30-3:30 pm	Needle Felted Animals Adults [0]
Sat 9/3	1-3 pm	Fall Wreaths Adults [3]
Sat 9/10	9-11 am	Natural Dyes: Walnut Adults [1]
Sat 9/10	11-12 pm	Natural Dyes: Walnut Youth with Adults [1]
Sat 10/22	1-3 pm	Needle-felt Autumn Décor Adults [0]



New in 2022!

Arborlogues:

A Botanical Recital Performed for One Tree

Sat 9/24 (Times TBD)

Sun 9/25 (Times TBD)

Arborlogues is a one-person play where YOU are the performer and a single tree is your audience. In collaboration with Powerhouse Theater Collaborative, the plays will be performed on

the Prescott Farm property to a 130+-year-old Walnut Tree. The 15 minute play takes place within a specially built red curtain theater. After receiving the bound script from the stage manager you are left alone with your audience. The script leads you through a series of stories, prompts, and actions related to this tree, this property and yourself.

Lead Artist: Dan Daly Text by Lee LeBreton

Recommended age: Multigenerational

Physical Demand: [1]



Tap into Maple

Experience an old-fashioned New England tradition—making maple syrup! From tapping a tree to tasting delicious maple syrup, you will participate in every step of the syrup making

process. Our environmental educators will help you to build tree identification skills; learn the parts of a tree and their functions; use measuring tools to find an appropriate tree to tap; use historical and modern tree tapping tools; learn the history of maple sugaring including Native American legends; and discover the math and chemical/physical science in the boiling process.

Saturdays in March; 10 am—3 pm
90 minute programs start at the top each hour;
preregistration recommended.

Recommended ages: Multigenerational

Candle-making

Learn the basics of candle-making as you start from the beginning with melting the wax and then choose from one of our molds to make your own beeswax candle.

Recommended age: Adults

Physical Demand:[0]

Sat 10/15 10-12 pm	Beeswax Candles
Sat 10/29 10-12 pm	Dipped Candles (Multigenerational)
Sat 11/12 10-12 pm	Bayberry Candles
Sat 12/10 10-12 pm	Sand-Molded Candles

February

Date	Day	Time	Program Title	Ages	Physical
1	Tue	5:30-7pm	Winter Constellations	Adult	1
2	Wed	10-11 am	Polliwogs: A Walk In The Woods	PreK with Adult	2
3	Thu	10-11 am	Polliwogs: Stories in the Snow	PreK with Adult	2
5	Sat	1-3 pm	Making Homemade	Adult	2
5	Sat	10am-3pm	Sugaring Field Teacher	Adult	4
5	Sat	10:30-12:30pm	Snowshoe Yoga	Adult	4
5	Sat	10-11 am	Young Yogis	Younger Kids with an	3
9	Wed	10-11 am	Polliwogs: Stranger in the	PreK with Adult	2
10	Thu	10-11 am	Polliwogs: Under the Snow	PreK with Adult	2
12	Sat	10:30-12:30pm	Snowshoe Yoga	Adult	4
12	Sat	10am-2pm	Maple Volunteer Training	Adult	5
16	Wed	4:30-6:30pm	Moonlight Snowshoe	Adult	5
16	Wed	10-11 am	Polliwogs: Raptors	PreK with Adult	2
17	Thu	10-11 am	Polliwogs: Scat and Track	PreK with Adult	2
19	Sat	10:30-12:30pm	Snowshoe Yoga	Adult	4
19	Sat	1-3 pm	Snowshoe Adventure	Adults	5
19	Sat	10-11am	Young Yogis	Younger Kids with an	3
21-25	Mon-Fri	See Website	Winter Wonders Week	Youth + Adult	Varies
23	Wed	10-11 am	Polliwogs: Clouds	PreK with Adult	2
24	Thu	10-11 am	Polliwogs: The Secrets of	PreK with Adult	2
26	Sat	12:30-2:30 pm	Making Colorful Soaps	Adults	1
26	Sat	10:30-12:30 pm	Snowshoe Yoga	Adult	4
26	Sat	10-11am	Young Yogis	Younger Kids with an	3
26	Sat	9-11 am	Intro to Tracking: Trailing	Adults & Older Youth	4

Which programs are right for you? See the Physical Demand Scale & Recommended Ages explainer on page 2 of this program guide!

September

Date	Day	Time	Program	Age	Physical Demand
1	Thu	9-10 am	Sow & Grow Gardening	Adults	3
3	Sat	10-12 pm	Garden Harvest	Adults	3
3	Sat	1-3 pm	Fall Wreaths	Adults	3
6	Tues	9-11 am	Birding at Prescott Farm	Adults	3
10	Sat	9-11 am	Natural Dyes: Walnut	Adults	1
10	Sat	11-12 pm	Natural Dyes: Walnut	Youth with	1
10	Sat	6:30-8:30 pm	Moonlit Hike	Adults	4
13	Tues	9-10 am	Sow & Grow Gardening	Adults	3
14	Wed	10-11 am	Polliwogs: All About Apples	PreK with Adult	2
15	Thu	10-11 am	Polliwogs: Apple Art	PreK with Adult	2
17	Sat	10 am—3	Harvest Festival	Multi-generational	varies
20	Tues	9-11am	Birding at Prescott Farm	Adults	3
24	Sat	TBD	Powerhouse Theater Collaborative Presents: Arborlogues	Multi-generational	1
24	Sat	10-11 am	Polliwogs: Leaf Man	PreK with	2
24	Sat	1-3 pm	Autumn Olive Jam Fruit Leather	Adults	3
24	Sat	10-12 pm	Signs of the Season: Fall	Multi-generational	3
24	Sat	9am-4pm	Powerhouse Theater Collaborative Presents:	Multi-generational	1
25	Sun	TBD	Polliwogs: Bug Catchers Unite!	Multi-	1
29	Thurs	10-11	Polliwogs: Seeds	PreK with Adult	2

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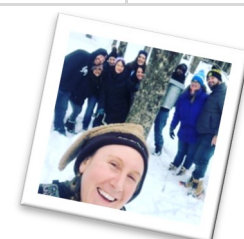
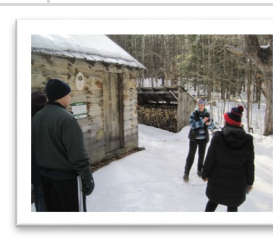
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March

Date	Day	Time	Program	Ages	Physical
5	Sat	10 am-3 pm	Tap into Maple <i>(90 minute programs start on the top</i>	Multi-generationa	4
6	Sat	10:30-12:30 pm	Snowshoe Yoga	Adult	5
9	Wed	10-11 am	Polliwogs: Creature Feature	PreK with Adult	2
10	Thu	10-11 am	Polliwogs: Camouflage	PreK with Adult	2
12	Sat	10-11 am	Young Yogis	Younger Kids with an	3
12	Sat	10-12:30 pm	Tree & Shrub ID	Adult	4
12	Sat	10 am-3 pm	Tap into Maple <i>(90 minute programs start on the top</i>	Multi-generationa	4
12	Sat	10:30-12:30 pm	Snowshoe Yoga	Adult	5
15	Tue	9-10 am	Sow & Grow Organic Gardening	Adult	3
16	Wed	10-11 am	Polliwogs: Marvelous Maple!	PreK with Adult	2
17	Thu	10-11 am	Polliwogs: Nature Paint Brushes	PreK with Adult	2
18	Fri	6:30-8:30 pm	Moonlit Hike	Adult	4
19	Sat	10 am-3 pm	Tap into Maple <i>(90 minute programs start on the top</i>	Multi-generationa	4
19	Sat	10:30-12:30 pm	Snowshoe Yoga	Adult	5
23	Wed	10-11 am	Polliwogs: Fairy Houses	PreK with Adult	2
24	Thu	10-11 am	Polliwogs: Magnificent Mud	PreK with Adult	2
26	Sat	10 am-3 pm	Tap into Maple <i>(90 minute programs start on the top</i>	Multi-generationa	4
26	Sat	10:30-12:30 pm	Snowshoe Yoga	Adult	5
30	Wed	10-11 am	Polliwogs: Rabbits	Adult	3
31	Thu	10-11 am	Polliwogs: Marvelous Maple!	PreK with Adult	2



Snowshoe Yoga

Enjoy the outdoors this winter while doing yoga! In this unique and peaceful snowshoe experience, immerse yourself in the peacefulness of nature as you practice yoga in snowshoes, are guided through a walking meditation, and are introduced to shinrin-yoku, or “forest bathing.”



Nine Saturdays!
January 29—March 26
10:30-12:30 pm

Recommended age: Adult
Physical Demand: [5]

Special thanks to



Meredith, NH

603-279-4045

haywardandcompany.com

**Sponsor of Snowshoe Yoga &
“Cupola Society” Business Supporter**

Which programs are right for you ? See the Physical Demand Scale & Recommended Ages explainer on page 2 of this program guide!

Prescott Farm Cupola Society

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John & Ursula Allen

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Heart & Hands Thrift Shop

August

Date	Day	Time	Program	Ages	Physical Demands
4	Thu	10-11 am	Polliwogs: Monarchs and Milkweed	PreK with Adult	2
4	Thurs	9-10 am	Sow & Grow Gardening	Adults	3
6	Sat	10-12 pm	Soapmaking 101	Adults	1
10	Wed	9-11 am	Birding at Prescott Farm	Adults	3
11	Thu	10-11 am	Polliwogs: Ants!	PreK with Adult	2
11	Thu	7-9 pm	Moonlit Hike	Adults	4
13	Sat	11-12 pm	Wagoneer's Wagon Rides	Multigenerational	1
13	Sat	1-3 pm	Making Garden Pizza!	Adults	3
18	Thu	10-11 am	Polliwogs: Beetlemania!	PreK with Adult	2
18	Thu	9-10 am	Sow & Grow Gardening	Adults	3
20	Sat	10-12 pm	Native Foods	Adults	1
20	Sat	10-12 pm	NH Mushroom Co: Wild Mushroom Walk:	Adults	4
25	Thu	9-11 am	Birding at Prescott Farm	Adults	3
27	Sat	10-12 pm	Elderberry Syrup & Sumac-Ade	Adults	3

Tractor and Wagon Tours

Climb up and relax on our tractor-pulled wagon ride, as you embark on a guided, natural history tour of our meadows. Watch for hawks and songbirds soaring overhead.

Recommended age: Multigenerational

Physical Demand: [1]

Sat 7/16 (11-12 pm), Sat 8/13 (11-12 pm), Sat 10/8 (11-12 pm)

New Series!

Explore Birding

Ever wonder what "A little bird told me" really means? Whether you're a seasoned birder or a novice, join our twice-monthly PF Bird Club as we work together to practice our "bird language" and bird ID skills; gather bird stories on the landscape; and share our discoveries. Drop ins & regular attendees welcome!

Recommended age: Adults

Physical Demand: [3]

Alternate Tuesdays beginning April 12

11th Annual Harvest Festival
Saturday, September 17
10 am—3 pm



E.M. Heath, Inc.

Heath's Supermarket • 253-4312

Jo Jo's Country Store • 253-4843

Golden Pond Country Store • 968-3434

E.M. Heath Ace Hardware • 253-4381

Heath's Ace Hardware • 524-1601



Special thanks to Foley Oil & Propane—
Prescott Farm Business Partner & Cupola Society Member.



136 Daniel Webster Hwy, Meredith (603) 677-7037
Serving great coffee, espresso drinks, breakfast sandwiches,
fresh baked goods, and light lunch offerings.

Check
prescottfarm.org
for individual
program fees
and most up-to-
date program
information!

April

Date	Day	Time	Program	Ages	Physical Demand
2	Sat	1-3 pm	Sugar On Snow	Multi-generational	3
2	Sat	10-12 pm	Signs of the Seasons: Spring	Multi-generational	4
2	Sat	10-11 am	Magical Music at Prescott	PreK with Adult	2
5	Tues	9-10 am	Sow & Grow Gardening	Adults	3
6	Wed	10-11 am	Polliwogs: Out of the Egg	PreK with Adult	2
7	Thu	10-11 am	Polliwogs: Signs of Spring	PreK with Adult	2
9	Sat	1-3 pm	Cooking with Maple	Adult	1
9	Sat	9-11 am	Songbird Search	Youth	3
12	Tues	9-11 am	Birding at Prescott Farm	Adults	3
13	Wed	10-11 am	Polliwogs: Slow Birding	PreK with Adult	2
14	Thu	10-11 am	Polliwogs: Barnyard Basics	PreK with Adult	2
15	Fri	6:30-8:30pm	Moonlit Hike	Adults	4
16	Sat	10-12 pm	Seeds	Youth with Adults	3
16	Sat	1-3 pm	Intro to Tracking: Track Casts	Adult	4
16	Sat	10-12:30pm	Tree & Shrub Identification	Adult	4
16	Sat	10-11 am	Music Magic at Prescott	PreK with Adult	2
18-22	Mon-Fri	See website for details	Fun on the Farm	Youth + Adult	varies
19	Tues	9-10 am	Sow & Grow Gardening	Adults	3
20	Wed	10-11 am	Polliwogs: Busy Buzzing Bees	PreK with Adult	2
21	Thu	10-11 am	Polliwogs: Insect Investigation	PreK with Adult	2
23	Sat	10-12 pm	Soapmaking 101	Adults	1
23	Sat	1-3 pm	Intro to Tracking: Water's	Adults	4
26	Tues	9-11am	Birding at Prescott Farm	Adults	3
30	Sat	10-11 am	Music Magic at Prescott	PreK with Adult	2

Which programs are right for you ? See the Physical Demand Scale & Recommended Ages explainer on page 2 of this program guide!

July

Date	Day	Time	Program	Ages	Physical Demand
2	Sat	10-12 pm	Making Jams/Jellies	Adults	2
7	Thu	9-10 am	Sow & Grow Gardening	Adults	3
7	Thu	10-11 am	Polliwogs: Sensational Salamanders	PreK with Adult	2
9	Sat	10-12 am	Jewelweed Remedies	Adults	3
12	Tues	7-9 pm	Moonlit Hike	Adults	4
14	Thu	9-11 am	Birding at Prescott Farm	Adults	3
14	Thu	10-11 am	Polliwogs: The Learning Garden	PreK with Adult	2
16	Sat	1-3 pm	Signs of the Season:	Multigenerational	3
16	Sat	11-12 pm	Tractor & Wagon Tours:	Multigenerational	1
21	Thu	9-10 am	Sow & Grow Gardening	Adults	3
23	Sat	10-12 pm	Knot or Knot?	Multigenerational	1
28	Thu	10-11 am	Polliwogs: Chickens	PreK with Adult	2
28	Thu	9-11 am	Birding at Prescott Farm	Adults	3
30	Sat	10-12 pm	Monarchs	Youth with Adults	2

Moonlit Tours

Explore Prescott Farm in a different and special way. Inspired by the weather and the dynamic calendar of the natural world, topics discussed on our moonlit walk will vary but may include: identifying constellations, habits of nocturnal animals, and testing your own night vision abilities. Recommended age: Adults Physical Demand: 4-5 (see individual programs)

Mon 1/17 4-6 pm Snowshoe [5]

Wed 2/16 4:30-6:30 pm Snowshoe [5]

Fri 3/18 6:30-8:30 pm Hike or Snowshoe [4]

Fri 4/15 6:30-8:30 pm Hike [4]

Sat 5/14 6:30-8:30pm Hike [4]

Mon 6/13 7-9 pm Hike [4]

Tues 7/12 7-9 pm Hike [4]

Thu 8/11 7-9 pm Hike [4]

Sat 9/10 6:30-8:30 pm Hike [4]

Sat 10/8 5:30-7:30 pm Hike [4]

Tues 11/8 4-6 pm Hike [4]

Wed 12/7 4-6 pm Hike or Snowshoe [4]



Which programs are right for you ? See the Physical Demand Scale & Recommended Ages explainer on page 2 of this program guide!

June

Date	Day	Time	Program	Age	Physical
1	Wed	10-11 am	Polliwogs: Get Growing!	PreK with Adult	2
2	Thur	10-11 am	Polliwogs: Ladybug, Ladybug	PreK with Adult	2
4	Sat	10-12 pm	Poisonous Plants and Hazards	Adults	3
4	Sat	12:30-2:30 pm	Soapmaking: Texture	Adults	1
4	Sat	10-11 am	Music Magic at Prescott Farm	PreK with Adult	2
7	Tues	9-10 am	Sow & Grow Gardening	Adults	3
8	Wed	10-11 am	Polliwogs: Butterflies Are Back!	PreK with Adult	2
9	Thu	10-11 am	Polliwogs: Hop To It!	PreK with Adult	2
11	Sat	10-12 pm	Plaintain Oil & Salve	Adults	3
11	Sat	1-3 pm	Fire	Adults	1
13	Mon	7-9 pm	Moonlit Hike	Adults	4
16	Thu	9-10 am	Sow & Grow Gardening	Adults	3
16	Thu	10-11 am	Polliwogs: Flower Press	PreK with Adult	2
18	Sat	1-3 pm	Field Flowers	Adults	4
18	Sat	10-12 pm	Soapmaking 101	Adults	1

Sow & Grow - Organic Gardening Group

Interested in learning more about vegetable gardening? Meet with our gardening educator, ask questions, and get organic gardening tips while we use the Learning Garden at Prescott Farm as our example.

Recommended age: Adults

Physical Demand: [3]

Tues 3/15 9-10 am	Tues 4/5 9-10 am
Tues 5/17 9-10 am	Thu 6/16 9-10 am
Thu 7/7 9-10 am	Thu 7/21 9-10 am
Thu 8/4 9-10 am	Thu 8/18 9-10 am
Thu 9/1 9-10 am	Tues 9/13 9-10 am
Tues 10/4 9-10 am	Tues 10/18 9-10 am



Prescott Farm thanks
Lakes Region Rotary
for continued support of our programs and events.

lakesregionrotary.org



Snowshoe Tours

Never been on snowshoes? No problem! We will show you the basics of snowshoeing and take it slow during our beginner sessions. And, when you're ready, a winter adventure awaits with our slightly more advanced treks. Discover how much fun it can be to get out and travel the trails in the winter.

Recommended age: Multigenerational (Beginner) and Adults (Adventure)

Physical Demand: [3] and [5]

Beginner Snowshoe: Sat 1/8 10-12 pm [3]; Snowshoe Adventures: Sat 1/15 1-3 pm & Sat 2/19 1-3 pm [5]

Evening Astronomy

Bring a blanket and join a naturalist to look for the Milky Way in the night sky. Learn about the importance of dark skies to animals and how more stars are visible in darker places. In the event of clouds, we will gather in the Pardoe Center for a tour of the night sky through the seasons.

Recommended age: Adults

Physical Demand: [1]

Mon 1/3 5:6:30 pm Quadrantids Meteor Shower; Tue 2/1 5:30-7pm Winter Constellations; Wed 3/2 7:-8:30pm Milky Way



"The clearest way
into the universe
is through a forest
wilderness."

— John Muir



laconiadailysun.com

Happy to support

Prescott Farm
Environmental Education Center

Programs for young explorers, learners, adventurers... and their favorite grown ups!

Polliwogs



A fun group for the littlest explorers amongst us! Join us and bring along your favorite grown-up to explore

Prescott Farm.

Recommended age: PreK with Adult

Physical Demand: [2]

Wednesdays, Thursdays and occasional Saturdays
February 2 - November 17
10-11 am



Family and Friends Fun



Get out into nature with all your friends and family from across generations. The Family & Friends Fun programs are a perfect memory-making experience everyone will cherish.

Recommended age: Youth with Adult

Physical Demand: See individual programs

Group Hike [4] Saturday, November 19 (1-3 pm); **Getting Ready for Winter [4]** Saturday, December 3 (1-3 pm); **Group Hike [4]** Saturday, December 10 (1-3 pm) **Solstice Science [2]** Saturday, December 17 (10-12 pm)



Young Yogis

New in 2022!



Join Lani Voivod for a class for Young Yogi's! Lani brings her love and light while introducing young children to

the wonderful world of yoga.

Recommended age: Younger Kids (3-8 years) with an adult

Physical Demand: [3]

Select Saturdays through Winter; January 8—March 13
10-11 am

Magic Music

New in 2022!



Have fun making magical music! Join in on this engaging and fun class for kids

and their grown-ups and move, groove and sing along with Miss Renee and her ukulele!

Recommended age: PreK with Adult

Physical Demand: [2]

Alternate Saturdays April 4— June 4
10-11 am

May

Date	Day	Time	Program	Ages	Physical Demand
3	Tues	9-10am	Sow & Grow Gardening	Adults	3
4	Wed	10-11 am	Polliwogs: BUGS!	PreK with Adult	2
5	Thu	10-11 am	Polliwogs: Winging It!	PreK with Adult	2
7	Sat	10-12:30pm	Campfire Cooking	Adult	2
7	Sat	1-3 pm	Wetland Explorations	Youth with Adult	3
10	Tues	9-11 am	Birding at Prescott Farm	Adults	3
14	Sat	10-11 am	Polliwogs: How Does Your Garden Grow?	PreK with Adult	2
14	Sat	12:30-3:30pm	Needle Felted Animals	Adults	0
14	Sat	10-12 pm	Navigation 101	Adult	3
14	Sat	10-11 am	Music Magic at Prescott Farm	PreK with Adult	2
14	Sat	6:30-8:30pm	Moonlit Hike	Adult	4
17	Tues	9-10 am	Sow & Grow Gardening	Adults	3
18	Wed	10-11 am	Polliwogs: Wonderful Worms!	PreK with Adult	2
19	Thurs	10-11 am	Polliwogs: Spring Peepers!	PreK with Adult	2
21	Sat	10-12 pm	Spring Ephemerals	Adults	5
21	Sat	1-3 pm	Getting Your Bearings (Compass Skills)	Adults	2
21	Sat	10-11 am	Music Magic at Prescott Farm	PreK with Adult	2
24	Tues	9-11 am	Birding at Prescott Farm	Adults	3
25	Wed	10-11 am	Polliwogs: Wonderful Warblers	PreK with Adult	2
26	Thurs	10-11 am	Polliwogs: The Wonder of Water	PreK with Adult	2
28	Sat	10-12 pm	Dandelion Foods	Adults	3
28	Sat	1-3 pm	Shelter: Using Tents and Tarps	Adults	2