

Prescott Farm

Environmental Education Center



Nature Connect 365

A Four-Season Community Connections Program Guide

**Program information is updated through the
year. Please visit**

**prescottfarm.org
for most up-to-date details.**

Updated January 12, 2024



Jude Hamel,
Executive Director

Thank you for your interest in Prescott Farm’s Community Connections Programs. In this guide, you will find over 120 programs scheduled for 2024. This is an especially exciting time at Prescott Farm because we have recently completed a major property expansion with program spaces designed to help you build your connection to the natural world. You can fill your year with educational and inspiring programs like organic gardening, cooking and baking; nature-inspired art and crafting programs; and wellness programs that will help you connect more deeply with yourself and the world around you. Community Connections Programs are taught by Prescott Farm’s team of environmental educators and a selection of local, knowledgeable, and talented guest instructors including Larry Frates, Prescott Farm’s Creative Arts Consultant.



Rocks and Minerals programs will have this icon next to their listings.

Throughout 2024 we invite program participants of all ages and interest levels to join us in our annual theme as we take a closer look at Rocks and Minerals. A variety of Community Connection Programs will highlight the role rocks and minerals play in the natural world and agriculture, how they reflect New Hampshire history and culture, the ways that they inspire and are used to create art, and their importance in nutrition, health and wellness. Look for the purple amethyst crystal - icon next to program names that fit this theme and plan to join us as we appreciate New Hampshire’s Rocks and Minerals in a variety of ways!

We hope you’ll find lots of ways to Connect with us this year!

Physical Demands Scale (See program names for scale level):

- 0 = Entire activity is indoors and seated.
 - 1 = Activity is indoors or outside with up to 1/10 of a mile walking; includes both sitting and standing.
 - 2 = Activity includes up to 1/2 mile of walking on uneven terrain; no steep slopes.
 - 3 = Activity includes 1/2-1 mile of walking on uneven terrain; may include hills.
 - 4 = Activity includes around 1 mile of walking on trails with uneven terrain and hills.
 - 5 = Activity includes 1 or more miles of walking on uneven terrain with hills; may include some off-trail walking.
- Experience Level: Unless otherwise noted, all programs use layperson terminology and provide a broad overview of the topic. No prior knowledge is necessary—just an interest in the topic area.

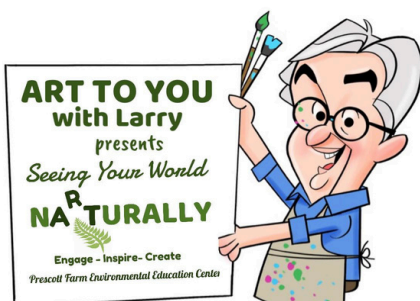
Recommended Ages:

- Adults - Programs for older teens (16+) and adults.
- Adults & Older Youth - Adults and older kids (ages 12 +). Children should be interested in the topic & must be accompanied by an adult.
- PreK with Adult - Programs geared for children not yet in Kindergarten (ages 2 1/2 to 5) to participate with their 'favorite grown up'. Adult participation is required.
- Younger kids with Adult - Ages 3-8 with an adult. Adult participation required.
- Youth + Adult - Programs for school-aged children to participate in with a grown up. Adult participation required.
- Youth 6-12—Programs for children age 6-12; Adult must accompany child to check in and sign child out at conclusion of program.
- Multi-generational - Programs for all ages. Children must be accompanied by an adult.



Special thanks to Belknap Landscape Co., Inc. - A Prescott Farm Business Partner and Cupola Society Member.

Don't miss this year-long series of nature-inspired art instruction by Larry Frates!



Larry Frates, Creative Arts Consultant & Teaching Artist

- Feb 3: Drawing with Oil Pastels
- Mar 2: Embossed Paper Prints
- Apr 6: Elements of Paper Sculpture to Create Birds
- May 4: Creating Watercolors Pencil Mono-Print
- Jun 6: Metal Embossing with Up-Cycled Materials
- Aug 3: Creating with Natural Objects
- Sept 14: Harvest Festival Art Exhibit
- Oct 5: Scratch Board Techniques from Nature
- Nov 2: Upcycled Paper Making
- Dec 7: Painting with Paper Pulp

Larry Frates

January

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	6	10 am-Noon	Winter Big Rock Hike	Multigenerational	3
Saturday	13	10 am-Noon	Tracking NH Wildlife	Multigenerational	3
Saturday	20	10 am-Noon	Snowshoe Yoga	Adults	4
Saturday	20	1-3 pm	Needle Felted Animals	Adults	1
Saturday	20	1-2:30 pm	Intro to Mindfulness: Mindful Eating	Adults	1
Friday	26	5-6:30 pm	Full Moon Snowshoe Hike	Adults	4
Saturday	27	10 am-Noon	Beginner Soapmaking	Adults	0

UNH Extension Master Gardener Training at Prescott Farm

UNH Cooperative Extension will offer a 12-week Master Gardener training at Prescott Farm starting in March. The Master Gardener Program is part of a national volunteer training program that prepares garden enthusiasts to share science-based horticultural knowledge with the public. The training will be held each Thursday, 9 am – 4 pm from March 7 through May 23. For questions, contact UNH Extension Master Gardener Program Manager, Ruth Smith at ruth.smith@unh.edu.



Extension

Did you know...?

Prescott Farm has a vibrant and active presence on Facebook & Instagram. Follow us for fun & informative photos, videos, links & more!

E.M. Heath, Inc.



E.M. Heath Supermarket - Center Harbor - 603-253-4312
E.M. Heath Hardware - Center Harbor - 603-253-4381
Jo Jo's Country Store - Moultonboro - 603-253-4843
Golden Pond Country Store - Holderness - 603-968-3434
Heath's Ace Hardware - Laconia - 603-524-1601



**POWERHOUSE
THEATRE
COLLABORATIVE**

If you like to play in nature, you're going to love attending a PLAY in nature! Prescott Farm is delighted to host these productions on the property in 2024.

Play Festival: June 1-2

The 2024 Play Festival has a new home this year on the beautiful grounds of Prescott Farm! Once again, plays written by NH writers of all levels of experience in Powerhouse's popular playwriting workshop, will be produced, acted, and directed by theatre people from all over the state. Come see these world premieres make their debuts at the Farm!

Alices Adventures in Wonderland By Tess Hodges: September 15, 21-22

Join Alice on an interactive theatre adventure as she journeys through Wonderland, aka the beautiful grounds of Prescott Farm. Small groups will depart every 15 minutes with their own personal Alice on a one-of-a-kind Lakes Region theatrical event. Feel free to dress up as your favorite Wonderland character! Fun for all ages. Explore the beautiful campus as our Alices Adventure with you in Wonderland!

Snowshoe Yoga

Immerse yourself in the peacefulness of nature as you practice yoga on snowshoes! Snowshoes help keep you on top of the snow and provide a more stable base. Experience inner calm and a sense of wellness in nature with yoga poses, a guided walking meditation, and this introduction to shinrin-yoku, or "forest bathing." All experience levels welcome and accommodated.

Saturday, Jan. 20 (10 am-noon)
Saturday, Feb. 10 (10 am-noon)
Saturday, Feb 27 (1-3 pm)
Saturday, Feb 24 (10 am - noon)



Note: Snowshoe Yoga will continue in March as trail conditions permit; please call 603-366-5695 for latest information.

February

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	3	1-3 pm	Art to You with Larry Frates: Oil Pastel Technique	Adults	1
Saturday	3	1-4 pm	Cooking with Winter Storage Crops	Adults	1
Saturday	10	10-Noon	Snowshoe Yoga	Adults	4
Saturday	10	10 am - 2 pm	Sourdough Bread	Adults	1
Saturday	10	1-3 pm	Needle Felting Winter Landscapes 	Adults	0
Saturday	17	1-3 pm	Paper Quilled Flowers	Adults	0
Saturday	17	1-3 pm	Snowshoe Yoga	Adults	4
Tuesday	20	10am-Noon	Tap Into Maple	Multi-generational	4
Wednesday	21	10-Noon	Tap Into Maple	Multi-generational	4
Wednesday	21	1-4 pm	Cooking & Baking with Maple	Multi-generational	1
Thursday	22	10-Noon	Tap Into Maple	Multi-generational	4
Thursday	22	1-3 pm	Making Maple Candy	Multi-generational	1
Friday	23	5:30-7pm	Full Moon Snowshoe Hike	Adults	4
Saturday	24	10-Noon	Snowshoe Yoga	Adults	4
Saturday	24	1-3 pm	Trail Games and Tracking 	Multi-generational	4
Tuesday	27	10-Noon	Tap Into Maple	Multi-generational	4
Thursday	29	10-Noon	Tap Into Maple	Multi-generational	4

Which programs are right for you? See the Physical Demand Scale and Recommended Ages explainer on page 2 of this program guide.

March

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	2	1-3 pm	Art to You with Larry Frates: Embossed Paper Nature Prints	Adults	1
Saturday	2	10 am - 2 pm	Tap Into Maple (90 minute programs beginning at top of each hour)	Multigenerational	4
Saturday	2	10 am - Noon	Snowshoe Yoga*	Adults	4
Saturday	9	10 am - 2 pm	Tap Into Maple (90 minute programs beginning at top of each hour)	Multigenerational	4
Saturday	9	10 am - Noon	Snowshoe Yoga*	Adults	4
Saturday	16	10 am - 2 pm	Tap Into Maple (90 minute programs beginning at top of each hour)	Multigenerational	4
Saturday	16	10 am - Noon	Snowshoe Yoga*	Adults	4
Saturday	23	10 am - 2 pm	Tap Into Maple (90 minute programs beginning at top of each hour)	Multigenerational	4
Saturday	23	10 am - Noon	Snowshoe Yoga*	Adults	4
Saturday	30	10-Noon	Maple Candy Making	Multigenerational	1
Saturday	30	1-4 pm	Cooking & Baking with Maple	Multigenerational	1

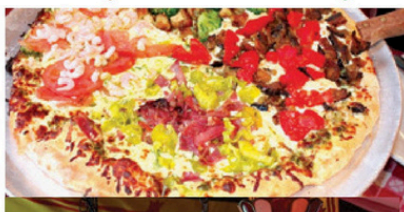
**Snowshoe Yoga will take place in March pending trail conditions; please call 603-366-5695 for latest information.*



Did you know...?

Prescott Farm partners with Inter-Lakes, Loudon, Belmont, Gilford, Sanbornton, and Gilmanton for Naturalist in the Classroom programs. We also host a variety of Field Trips through out the year. Contact us to find out how your local schools can get involved.

Very Music Very Italian & Very Good!



**Celebrating
35 Years!**

Giuseppe's *Pizzeria & Ristorante*



**This unique and popular restaurant is
one of the Lakes Region's most loved since 1989!**

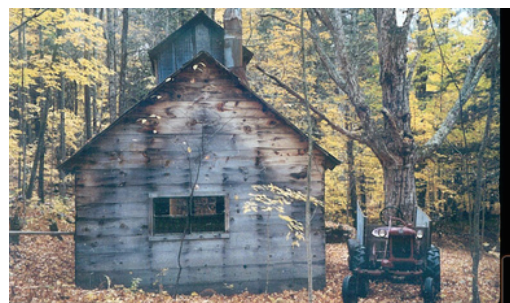
Serving Award-Winning Gourmet Pizza, Pasta, Seafood,
Steak, Chicken, Veal, Vegetarian, Vegan, Gluten-Free,
Soup, Salads, Desserts, Cappuccino,
Beer, and a fabulous selection of Wine and Spirits!

Lunch and Dinner Daily

Reservations are highly recommended and greatly appreciated!

Located on the corner of Routes 3 & 25
Mill Falls Marketplace, Meredith, NH

**Call (603) 279-3313
For Reservations & Take Out
Visit giuseppesnh.com**



Tap into Maple

Experience a Northeast tradition that predates New England—making maple syrup! From tapping a tree to tasting delicious maple syrup, you will take an inside look into every step of the syrup making process. Our naturalists will help you identify maple trees, learn the parts of the tree and their functions, and how the maple sap is turned into syrup.

This multigenerational program involves a 20 minute walk to our Sugar House with an uphill hike at the end. Please wear boots and dress appropriately for the weather. Snowshoes or traction cleats will be provided as needed - bring your own if you have them.

Special "February Vacation" Dates!

Tuesday, Feb 20 (10 am-Noon)
Wednesday, Feb 21 (10 am-Noon)
Thursday, Feb 22 (10 am-Noon)
Tuesday, Feb 27 (10 am-Noon)
Thursday, Feb 29 (1-3 pm)

Saturdays in March (thru 3/23) 10 am- 3 pm

90 minute programs start at the top of each hour; pre-registration highly recommended.

Special Thanks to



Meredith, NH

603-279-4045

haywardandcompany.com

**A Prescott Farm Business Partner and
Cupola Society Member.**

Needle Felting Series

Get crafty this year by participating in one of our popular needle felting classes. Explore each program as a once-off endeavor or perhaps the start of a whole new (beautiful) crafting hobby!

Saturday, Jan 20 (1-3 pm)

NH Animals

Saturday, Feb 10 (1-3 pm)

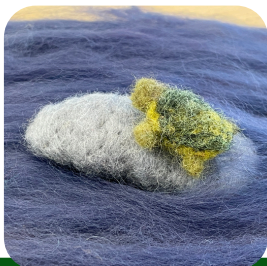
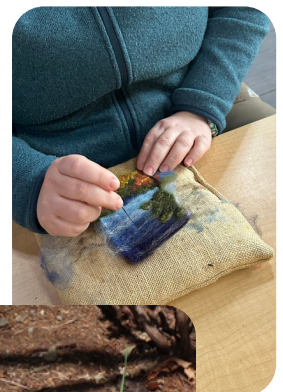
Winter Landscapes

Saturday, Oct 5 (10 am-Noon)

Fall Landscapes

Saturday, Dec 7 (2-4 pm)

Felted Ornaments



April

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	6	10 am-1 pm	Homemade Pasta & Pesto Primer	Multi-generational	1
Saturday	6	10 am-Noon	Preparing for the Solar Eclipse	Multi-generational	1
Saturday	13	10 am-Noon	Seed Starting at Home	Adults	1
Saturday	13	1-3 pm	Felted Soap	Adults	0
Saturday	13	5-7 pm	Frog Calls of Spring	Multi-generational	4
Saturday	20	10 am-Noon	Plant A Tree Cupcakes with Chef Allen	Multi-generational	2
Saturday	20	1-3 pm	Forest Trail Games & Amphibian Exploration	Adults & Older Youth	3
Saturday	27	10 am-Noon	Growing Mushrooms at Home	Adults	1
Saturday	27	1-4 pm	Intro to Home Cheesemaking	Adults	1

Cooking Programs

Healthy meals are a key component of wellness. Join us in our spectacular gardens and state-of-the-art teaching kitchen to explore recipes and tips for creating delicious, satisfying, and healthy dishes you can re-create at home!

Saturday, Feb 3 (1-4 pm)

Saturday, Feb 10 (10 am - 2 pm)

Wednesday, Feb 21 (1-4 pm) & Saturday, Mar 30 (1-4 pm)

Thursday, Feb 22 (1-3 pm) & Saturday, Mar 30 (10 am-Noon)

Saturday, Apr 6 (10 am-1 pm)

Saturday, Apr 27 (1-4 pm)

Saturday, May 18 (1-3 pm)

Saturday, Jul 13 (10 am-Noon)

Saturday, Aug 3 (10 am-1 pm)

Saturday, Aug 8 (10 am-1 pm)

Saturday, Aug 17 (10 am-1 pm)

Saturday, Sep 7 (Noon-3 pm)

Saturday, Oct 5 (10 am-1 pm)

Saturday, Oct 12 (Noon-3 pm)

Saturday, Nov 2 (10 am-Noon)

Saturday, Nov 16 (10 am-2 pm)

Cooking with Winter Storage Crops

Sourdough Bread

Cooking & Baking with Maple

Making Maple Candy

Homemade Pasta & Pesto Primer

Intro to Homemade Cheesemaking

Foraging & Cooking Wild Dandelions

Foraging & Cooking Wild Herbs

Homemade Dairy & Non-Dairy Ice Cream

Introduction to Fermenting Foods

Homemade Pizza Making

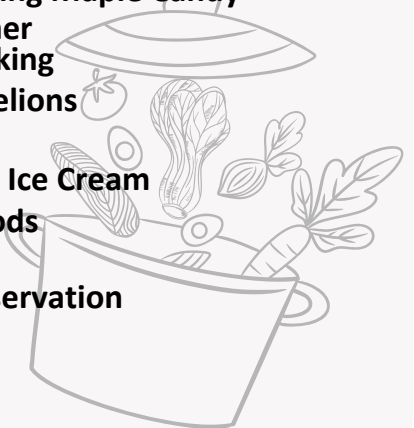
Beginning Canning & Food Preservation

Fall Soups

Jams, Jellies, & Fruit Butters

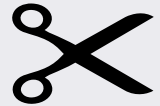
Homemade Pasta Primer

Holiday Yeast Breads





Special thanks to **Foley Oil & Propane**—
Prescott Farm Business Partner & Cupola Society Member.



Paper Quilled Flowers

Saturday, Feb 17 (1-3 pm)

Paperquilling is the art of turning small strips of colorful paper into decorative designs. Participants will learn to roll, shape, and glue paper into a beautiful spring flower.



Paper Quilling Fall Foliage

Saturday, Oct 19 (1-3 pm)

Participants will learn to roll, shape, and glue paper into a fall flower works of art.



Ecology-Focused Programs

Tracking NH Wildlife

Multigenerational

Saturday, Jan 13 (10 am-Noon)

Winter Tree & Shrub ID

Adults (16+)

Saturday, Feb 3 (10 am-Noon)

Frog Calls of Spring

Multigenerational

Saturday, Apr 13 (5-7 pm)

Native Bee Homes

Adults (16+)

Saturday, May 4 (10 am-Noon)

Spring Tree & Shrub ID

Adults (16+)

Saturday, Jun 1 (1-3 pm)

Inside the Beehive

Multigenerational

Saturday, Jun 15 (1-3pm)

Tractor: Life in the Fields

Multigenerational

Saturday, Jul 6 (10 am-Noon)

Fireflies Light up the Sky

Youth with Adult

Saturday, Jul 27 (7-8:30 pm)

Beginner Wild Mushroom Walk

Adults (16+)

Saturday, Aug 24 (10 am-Noon)

Saturday, Sep 7 (10 am-Noon)

Big Tree Tour

Adults (16+)

Saturday, Aug 31 (1-3 pm)

Wild Mushroom Walk: In Depth

Adults (16+)

Saturday, Oct 19 (1-4 pm)

Fall Tree & Shrub ID

Adults (16+)

Saturday, Oct 26 (10 am-Noon)

Winter Guided Hike

Multigenerational

Saturday, Dec 28 (10 am-Noon)



May

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	4	10 am-3 pm	Creating Watercolor Mono-type Pencil Prints: 2 Part Class (BYO Lunch)	Adults	1
Saturday	4	10-Noon	Native Bee Homes	Adults	1
Saturday	11	Varies	Women's Health & Wellness Retreat	Adults	Varies
Saturday	18	10 am-1pm	Card Weaving	Adults	1
Saturday	18	1-3 pm	Foraging and Cooking Wild Dandelions	Adults	2
Saturday	25	10 am-12:30 pm	Buttercream Floral Cupcakes with Chef Allen	Adults	2

Women's Health & Wellness Retreat with Clare Persson & Gina McGuire

Just in time for Mother's Day Weekend, Prescott Farm is pleased to offer this day-long retreat for women. Retreat participants will choose sessions from a variety of topics including nutrition, hormones and the brain, the grieving process, meditation, intuition & reiki, crafting, color therapy, and more! Retreat details and registration information coming soon.

Women's Day of Relaxation and Renewal!

May 11 9:00 a.m. - 3:00 p.m.
Prescott Farm Environmental Education Center
www.PrescottFarm.org



Clare Persson & Gina McGuire host this day-long retreat providing you a day to focus on your wellness! Retreat participants will choose from a variety of sessions that will cover many aspects of mindfulness and rejuvenation including nutrition, Reiki, meditation, yoga, sound healing and more!

Retreat registration: 

About the Presenters:

With decades of experience as a Registered Nurse, Certified Health Teacher, and Fitness/Yoga Instructor, Gina McGuire brings a passionate message about self care to this all-day retreat.

Clare Persson is an Occupational Therapist who was initially drawn to the practice of Reiki and Meditation in hopes of having a few more things in her OT "toolbox" to help patients in their healing process.

Art to You with Larry Frates:

Creating Watercolor Mono-type Pencil Prints



Saturday, May 4 (10 am-3 pm)

A monotype is a type of mono-print, which is a one-of-a-kind print. You will create a series of prints from images that are produced by being transferred from one surface to another. It is painted directly on the plate, then transferred to paper for the final image. Part 1 (10 am - noon) will emphasize the preparation of the surface and creating the images inspired by Nature. You are asked to bring a bag lunch for our Creative Break (12 - 1 pm). Water, tea and coffee will be provided. In Part 2 (1-3 pm) we will spend the afternoon session printing, matting and discussing our morning creations.

June

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday & Sunday	1 & 2	TBD	Powerhouse Plays at Prescott Farm	Multigenerational	1
Saturday	1	10 am - Noon	Natural Salve for Stings & Rashes	Adults	2
Saturday	1	1-3 pm	Spring Tree & Shrub ID	Adults	4
Saturday	8	10-Noon	Poisonous Plants & Natural Hazards	Adults	2
Saturday	8	10 am-11:30 am	Intro to Mindfulness Meditation: Loving Kindness Meditation	Adults	1
Saturday	8	1-3 pm	Art to You with Larry Frates: Metal Embossing with Up-cycled Materials	Adults	1
Saturday	15	1-3 pm	Inside the Beehive	Multigenerational	1
Saturday	15	1-3 pm	Spinning Yarn on a Drop Spindle	Multigenerational	1
Saturday	22	12-3 pm	Cake Decorating: Amethyst Geode Cake with Chef Allen	Adults	2



Polliwogs

Ages: Pre-K with adult

What's more fun than playing with friends in nature? Playing with friends AND your favorite grown up! Polliwogs is a fun group for the littlest explorers amongst us! Join us for music, art, and exploring. Polliwogs meet Wednesdays from 10-11:30 am.

Spring Session: May 1-June 5

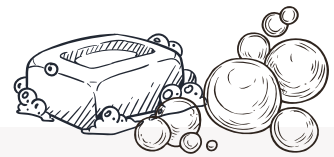
Summer Session: July 10-August 14

Fall Session: September 18-October 23



July

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	6	10-Noon	Tractor Tour: Life in the Fields	Multigenerational	1
Saturday	13	1-3 pm	Foraging and Cooking Wild Herbs	Multigenerational	2
Saturday	20	10-Noon	Beginner Soapmaking	Adults	1
Saturday	27	10-12:30 pm	Family Fun Baking with Chef Allen	Multigenerational	2
Saturday	27	1-3 pm	First Aid Trail Plants	Adults	3
Saturday	27	7-8:30 pm	Fireflies Light Up the Sky	Youth with Adult	2



Soapmaking Series

Are you ready for some good, clean fun? Soapmaking programs at Prescott Farm provide you with the skills, tools, and support you need to create soaps using organic essential oils and processes for different styles of soap. Perfect gifts to give away or to treat yourself!

Beginner Soapmaking

Saturday, Jan 27 (10 am-Noon)

Saturday, Jul 20 (10 am-Noon)

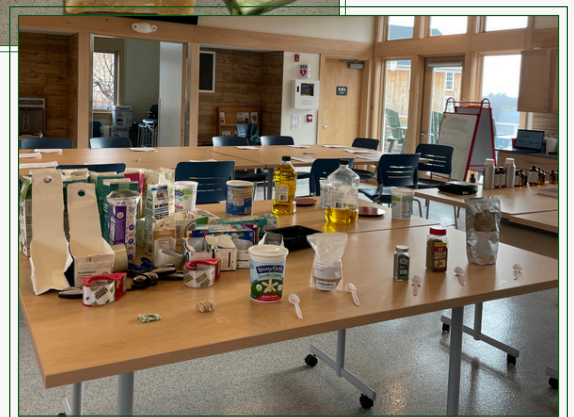
Saturday, Oct 19 (10 am-Noon)

Intermediate Soapmaking: Colorful Soap

Saturday, Sep 21 (10 am-12:30 pm)

Intermediate Soapmaking: Layered Soap

Saturday, Nov 9 (10 am-1 pm)



Which programs are right for you? See the Physical Demand Scale and Recommended Ages explainer on page 2 of this program guide.

August

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	3	10 am-1 pm	Homemade Dairy and Non-dairy Ice Cream	Multigenerational	1
Saturday	3	1-3 pm	Art to You with Larry Frates: Art Technique: Creating with Natural Objects	Adults	1
Saturday	10	10 am-1 pm	Introduction to Fermenting Foods	Adults	1
Saturday	17	10 am-1 pm	Homemade Pizza Making	Adults & Older Youth	1
Saturday	24	10-Noon	Beginner Wild Mushroom Walk	Adults	5
Saturday	24	1-3 pm	Basketmaking from Foraged Materials	Adults	1
Saturday	31	10-Noon	Making Elderberry Syrup for Year-Round Health	Adults	1
Saturday	31	1-3 pm	Big Tree Tour	Adults	3

Astronomy

Preparing for the Solar Eclipse

Saturday, Apr 6 (10 am - Noon)

Saturn & the Night Sky Through a Telescope

Wednesday, Sep 18 (7:30-8:30 pm)

Orionids in the Night Sky

Friday, Dec 13 (5-6 pm)

Candlemaking Series

Beeswax Candles

Saturday, Oct 12 (10 am-Noon)

Bayberry Candles

Saturday, Nov 2 (1-3 pm)

Hand-dipped Taper Candles

Saturday, Dec 14 (1-3 pm)



Did you know...?

Prescott Farm is a 501(c)3 nonprofit governed by a volunteer board of directors.

Our donors make it possible. Thank you!

Prescott Farm Cupola Society

Pledges of general operating support at \$1,000 or more for five years

Kay Anderson & Bob Swartz	John & Margaret Kreitler
Spencer & Eric Ballou	Russell Lunt
Belknap Landscape Co, Inc.	Brian & Loren McCabe
Ian Blackman	Hayden & Ruth McLaughlin
Susan & William Cutillo	William "Ledge" Mitchell
Margaret & Robert Ewell	Bruce Pardoe
Foley Oil Company	Mariet Westermann & Charles H. Pardoe
Linda Frawley	Jeff & Carrington Pearson
Hayward & Company Custom Builders	Jeff & Katie Pierson
Joe & Gina Healy	John P. Rogers
Dan & Betty Heaney Family	Carolyn S. Scattergood
Linda Keith	Scattergood/Clough Family

Friends of Prescott Farm

Individual donors contributing to Prescott Farm in 2023

Frank Allen	Linda Frawley	Jennifer & Scott Mellen
John & Ursula Allen	Dana & Sherry Gardner	William Mitchell,
Anonymous (5)	Mary-Jo Greeley	<i>in memory of Carolyn Pardoe</i>
Dean Anson	Emily Grimes	Faye Nachbaur
Leah Apazidis	Jude & Jim Hamel	Kathy Olney
Daniel Blakey	Brenda Haunfelner	Kaitlin O'Neil
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Joyce Donohue	Gary & Devitt Liptak	<i>In Kind Gifts from:</i>
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<i>in memory of Carl Nachbaur</i>	Sandra & John McGonagle	Sherrie Hautf
Gregory Flowers	Scott McWilliam	Phoebe VanScoy-Giessler
	<i>in memory of Amy M McWilliam</i>	

Our donors make it possible. Thank you!

2024 Business Partners

Bank of New Hampshire

BG Electrical LLC

Foley Oil & Propane

Hayward & Company Custom Builders

Lakes Region Airport Shuttle

2023 Additional Business Support

70 North Kitchen & Market

Bank of New Hampshire

Common Man

Cross Insurance

Custom Tours on Lake Winnepesaukee

E.M. Heath, Inc.

Evolution Strategies, LLC

Great New Hampshire Restaurants

Hannaford Supermarket, Gilford

Hermit Woods Winery & Deli

Identity Coffee Lab

Innisfree Bookshop

Irwin Automotive Group

LaValley Middleton Building Supply

Mello Moose Coffee House

Meredith Crossing LLC

Mountain Rose Herbs

Pie Guys Pizzeria

The Wellness Shop

Craft Beer X Change/The Witches Brew Pub

2023 Community Partner/Grant Support

Community Garden Club of Meredith

Gilford Community Church

Greater Lakes Region Children's Auction

Heart & Hands Thrift Shop

Helen C. Frick Foundation

Lakes Region Rotary Club

Levi Strauss, Tanger Outlets

New Hampshire Electric Cooperative

Rotary Club of Gilford

The Samuel P. Pardoe Foundation

Town Fair Tire

2023 Special Projects Support

Spencer & Eric Ballou

Solar & Electric Car Charging Station;

Archiving Project

Neil Bleicken

Field Trips Outreach

Helen Prescott Pardoe Garden Fund

Spencer & Eric Ballou,

In honor of Bertha Smith

Sherrie Hautt

Mariet Westermann & Charles H. Pardoe II

Carol Roe

Join in the Fun!

Your support helps Prescott Farm to provide high quality educational programming, breath taking spaces, and a connection to nature to thousands of Lakes Region residents and visitors each year.

September

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	7	10-Noon	Beginner Wild Mushroom Walk	Adults	5
Saturday	7	Noon-3 pm	Beginning Canning & Food Preservation	Adults	1
Saturday	14	10 am - 3 pm	Harvest Festival & Art Exhibit	Multigenerational	Varies
Wednesday	18	7:30-8:30 pm	Saturn & the Night Sky through a Telescope	Multigenerational	1
Saturday	21	10 am-12:30 pm	Intermediate Soapmaking: Colorful Soap	Adults	1
Saturday	21	10 am-1 pm	Cattails: Crafting, Cordage, First Aid, and More!	Adults & Older Youth	2
Saturday	28	10 am-Noon	Autumn Wreath Making	Adults	1
Saturday	28	1-3 pm	Intro. to Compass and Navigation	Adults & Older Youth	3



Pictured above: John Allen, 2023 recipient of the Ursula Allen Volunteer Appreciation Award.

Three Cheers for our Volunteers!

Our dedicated volunteers allow Prescott Farm to continue enhancing and expanding our educational programs for the Lakes Region community and beyond. Volunteers are engaged in all aspects of our work; from hands-on efforts like maintaining our gardens, maple sugar program, and trails to behind-the-scenes work on committees and office administration. Along with enjoying a sense of accomplishment and camaraderie, volunteers are invited to attend exclusive events at Prescott Farm that honor their work. Call us at 603-366-5695 or email volunteer@prescottfarm.org to learn more!



“The clearest way
into the universe
is through a forest
wilderness.”

— John Muir



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Prescott  *Farm*

Environmental Education Center

14th Annual

HARVEST FESTIVAL

Saturday, September 14

10 am—3 pm

Admission is FREE to the public.

Prescott Farm’s most popular event of the year! Residents and visitors of all ages are invited to join us for a FREE fun day on the farm! Activities in 2024 will feature opportunities to get closer to nature while exploring our 160 acres of trails, fields and gardens. Barn music, tractor- and horse-pulled wagon rides, hay jump, nature crafts, food and beverage vendors and much more!



New in 2024!

Check out the inaugural Harvest Festival Art Exhibition featuring the works created in Larry Frates’ Saturday Community Connections Programs. Meet some of the artists as they paint and draw throughout the Prescott Farm property, watch some of the Workshop videos and, of course, view the works created since January.

October

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	5	10-Noon	Needle Felting: Fall Landscapes	Adults	0
Saturday	5	10 am-1 pm	Fall Soups	Adults	1
Saturday	5	1-3 pm	Art to You with Larry Frates: Art Technique: Scratchboard of Nature Drawing	Adults	1
Saturday	12	10-Noon	Beeswax Candlemaking	Adults	1
Saturday	12	Noon-3 pm	Jams, Jellies, & Fruit Butters	Adults	2
Saturday	19	10-Noon	Beginner Soapmaking	Adults	1
Saturday	19	1-3 pm	Paperquilling Fall Foliage	Adults	0
Saturday	19	1-4 pm	Wild Mushroom Walk: In Depth	Adults	5
Saturday	26	10-Noon	Fall Tree & Shrub ID	Adults	4
Saturday	26	1-3 pm	Fall Leaf Bowls	Adults	1

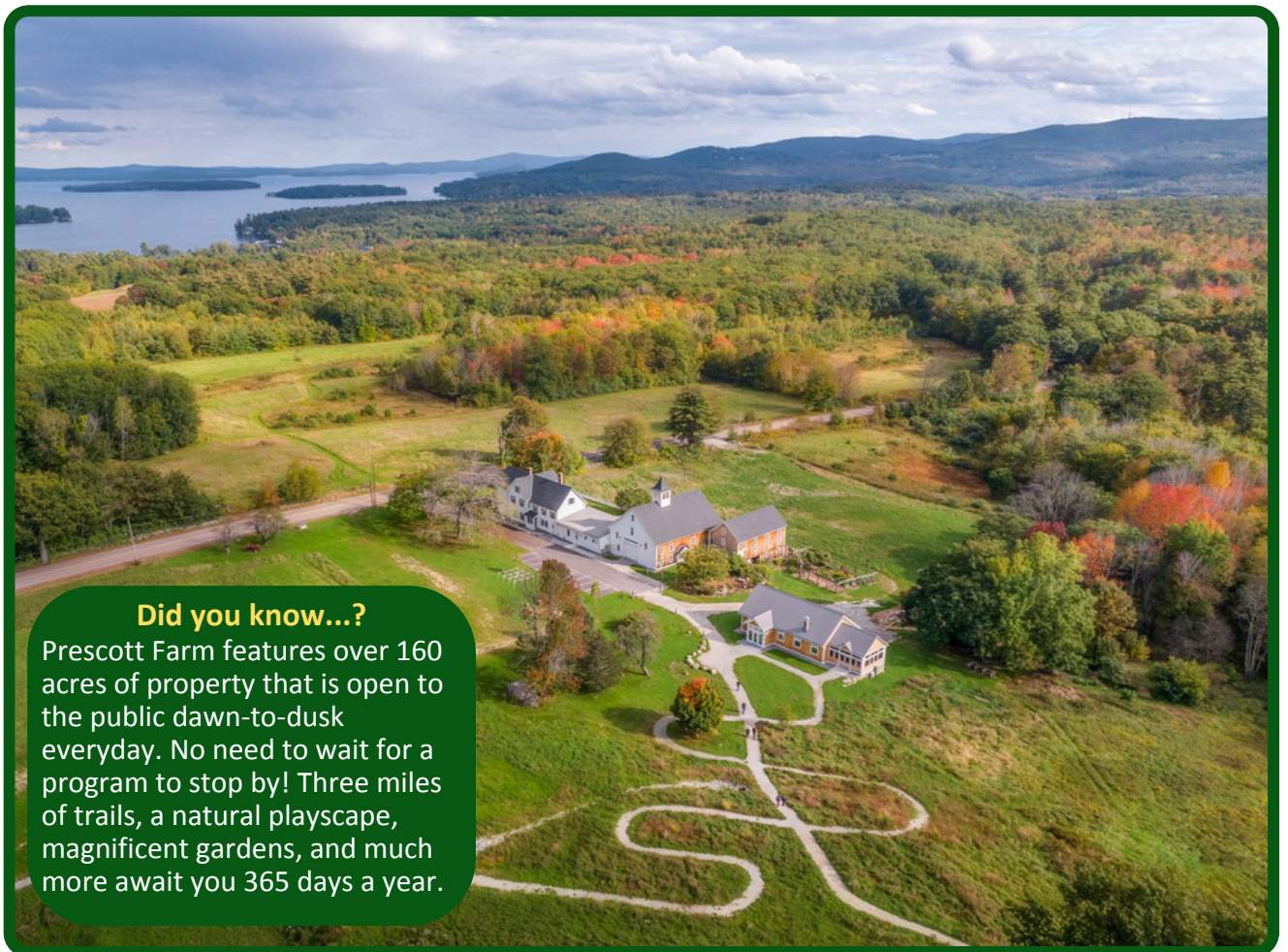
Kids' Homemade Gift Workshop

Let your children learn the joy of gift giving with this unique opportunity to make nature-inspired gifts for the adults in their lives. Participants will be offered several options and will select which gift they want to make. We'll provide the materials and instruction while they add their own unique flair! This is a drop-off program (adults must sign children in and out) so the hardest part for grown-ups will be waiting to open the gift. No peeking!



November

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	2	10 am-Noon	Art to You with Larry Frates: Up-Cycled Paper Making	Adults	1
Saturday	2	10 am-Noon	Homemade Pasta Primer	Adults	1
Saturday	2	1-3 pm	Bayberry Candlemaking	Adults	1
Saturday	9	10 am-1 pm	Intermediate Soapmaking: Layered Soap	Adults	0
Saturday	16	10 am-2 pm	Holiday Yeast Breads	Adults	1
Saturday	16	10 am-1 pm	Felted Soap	Adults	0
Saturday	23	10 am-2pm	Handmade Holiday Pies	Adults	1
Saturday	30	1-4 pm	Holiday Wreath Making	Adults	2



December

Day	Date	Time	Program Title	Recommended Age	Physical Demand
Saturday	7	10 am-1 pm	Yule Log & Nature Ornament Making	Adults	1
Saturday	7	1-3 pm	Felted Ornaments	Adults	0
Saturday	7	1-3 pm	Art to You with Larry Frates: Painting with Paper Pulp	Adults	1
Thursday	12	5-7 pm	Holiday Wreath Making	Adults	1
Friday	13	5-6 pm	Orionids in the Night Sky	Adults	1
Saturday	14	10-Noon	Kids' Homemade Gift Workshop	Youth 6-12	1
Saturday	14	1-3 pm	Hand-dipped Taper Candlemaking	Adults	1
Saturday	21	10 am-2 pm	Holiday Yeast Breads	Adults	1
Saturday	28	10 am-Noon	Winter Guided Hike	Multigenerational	4

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Nature Connect 365 is accurate at the time of printing, but program schedules and details evolve through out the year. Be sure to check our website or call 603-366-5695 for latest program information. Pre-registration is always highly recommended.

**NOT A PAGE OF NC 365
PIECES TO SAVE JUST IN CASE**

**Intro to Mindfulness Meditation
with Clare Persson**

Mindful Eating
Saturday, Jan 20 (1-2:30 pm)

Loving Kindness Meditation
Saturday, Jun 8 (10-11:30 am)

Mindful Walking
Saturday, Jun 22 (10-11:30 am)



Health & Healing Programs

Natural Salve for Stings & Rashes
Saturday, Jun 1 (10 am-Noon)

Poisonous Plants & Natural Hazards
Saturday, Jun 8 (10 am-Noon)

First Aid Trail Plants
Saturday, Jul 27 (1-3 pm)

Elderberry Syrup for Year-Round Health
Saturday, Aug 31 (10 am-Noon)